

## THE ANCHOR INN AUTUMN MENU

### **Starters**

<i>Homemade soup of the day*</i>	£ 4.95
<i>Jamaican spiced chicken jerk spring rolls with a mango and jalapeno dip</i>	£ 5.45
<i>Smoked salmon and crayfish tail basket with a zesty lemon crème fraiche*</i>	£ 6.45
<i>Seasoned calamari with tartar sauce and dresses leaves</i>	£ 6.45
<i>A pot of fresh local crab meat served with a salad garnish*</i>	£ 6.45
<i>Cornish sardines grilled with garlic butter and served on a bed of leaves*</i>	£ 5.45
<i>Tomato, olive and feta cheese salad dressed with a balsamic reduction</i>	£ 5.45
<i>Breaded whitebait with tartar sauce and dressed leaves</i>	£ 5.45
<i>Chicken liver pate with plum chutney and French bread</i>	£ 4.95
<i>Warm salad of sticky chicken with a pineapple salsa</i>	£ 5.45

*Ramekin of sundried tomato olives £3.95*

*Garlic bread easily enough for two £3.95 topped with cheese £4.95*

*\* served with granary bread*

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### **Mains**

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| <i>Large fillet of beer battered cod fillet with chips and mushy peas</i>                                                                                                                               | £10.95 |
| <i>Homemade lasagne served with a dressed salad &amp; wedge of garlic bread</i>                                                                                                                         | £ 9.45 |
| <i>Locally made butchers 8oz beef burger topped with melted cheddar and a tomato &amp; chilli relish, served in a soft white bap with a salad garnish and fries</i>                                     | £ 7.95 |
| <i>Oven baked, farm assured chicken supreme stuffed with a fire roasted red pepper mousse, wrapped in bacon and rested on rizzi bizzi rice served topped with a sweet tomato and fresh basil ragout</i> | £12.95 |
| <i>Chargrilled 10oz rib eye steak, with a flat capped mushroom, grilled tomato, onion rings and fries</i>                                                                                               | £14.95 |
| <i>Oven baked sea bass fillets on crab claw mash garnished with asparagus spears and drizzled with a parsley butter sauce</i>                                                                           | £14.95 |
| <i>Slow cooked shank of lamb on creamy mash napped with a port and rosemary jus served with fresh market vegetables</i>                                                                                 | £13.95 |
| <i>Pan seared Barbary duck breast with a root vegetable rosti, broccoli florets and a port and orange reduction</i>                                                                                     | £13.95 |
| <i>Breaded wholetail scampi with tartar sauce, a dressed salad and fries</i>                                                                                                                            | £ 9.95 |
| <i>Homemade filo parcel of goats cheese served on a rustic ratatouille dressed with a sweet balsamic reduction</i>                                                                                      | £ 9.95 |
| <i>Oven baked, farm assured chicken supreme on sweet potato mash with a wild mushroom and Madeira cream sauce served with fresh market vegetables</i>                                                   | £12.95 |

### **Salads**

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| <i>Seafood salad, smoked salmon, crayfish tails and fresh beer crab salad with a pot of marie rose sauce and locally baked granary bread</i> | £13.95 |
| <i>Norfolk ham and cheddar cheese garden style salad</i>                                                                                     | £ 8.95 |
| <i>Salmon, broccoli and mascarpone fishcakes served on a bed of salad drizzled with a tartar dressing</i>                                    | £ 7.95 |

### **Sandwiches .... served in a choice of white and granary bread**

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| <i>Norfolk ham with lettuce, tomato, red onion and mustard mayo</i>    | £ 5.45 |
| <i>Cheddar cheese with either tomato, red onion or Branston pickle</i> | £ 4.95 |
| <i>Tuna mayonnaise with sweet pepper and red onion</i>                 | £ 4.95 |
| <i>Fresh Beer Crab, subject to availability</i>                        | £ 6.45 |
| <i>Smoked salmon and cream cheese with lettuce</i>                     | £ 5.95 |
| <i>Crayfish tail salad with marie rose sauce</i>                       | £ 6.45 |

### **Freshly baked baguettes with a salad garnish and fries**

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| <i>Bacon and Brie Melt... grilled slices of bacon topped with brie and oven baked</i>                                 | £ 7.95 |
| <i>Hot Dog Melt... saveloy sausage topped with fried onions and melted cheese</i>                                     | £ 7.45 |
| <i>Garlic Crayfish Tail Melt... crayfish tail mixed with garlic butter and topped with melted cheese</i>              | £ 7.95 |
| <i>Tuna Crunch Melt... tuna, red onion and sweet pepper with mayonnaise, topped with melted cheese and oven baked</i> | £7.95  |

**Ploughman's Lunch** traditionally served with a freshly baked baguette, salad apple, celery and pickles £8.45

*Mature cheddar..... English stilton.....Norfolk ham... grilled Cornish sardines*

### **Side Orders**

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|--------------------------------------|--------|----------------------------------|--------|
| <i>basket of fries...</i>            | £ 1.95 | <i>dressed mixed salad...</i>    | £ 2.45 |
| <i>portion of onion rings...</i>     | £ 1.95 | <i>fresh market vegetables..</i> | £ 2.45 |
| <i>large dish of cheesy fries...</i> | £ 4.45 | <i>freshly baked baguette</i>    | £ 1.45 |

